



# The Royals Hope Weekly

Jan. 8, 2018

## Chapel (K-5)

In chapel today, Mr. Bradley stated that priority #1 for 2018 should be to have a life that is fully pleasing to the Lord in every way. He also challenged the students to make God honoring choices on a moment by moment basis. We have an opportunity to bear fruit no matter what age we are.

Mr. Bradley referenced the scripture passage Colossians 1:10, which states "So that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God."

## Chapel (6-12)

Today in chapel, Mr. Del Padre shared the poem, "The Dash" by Linda Ellis and shared that we need to slow down and think about how we are living our lives.

He referenced Genesis 1:26-27 which states, "Then God said, 'Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, and over all the creatures that move along the ground. 'So God created mankind in his own image, in the image of God he created them; male and female he created them.'" He also shared Romans 8:29 which states, "For those God foreknew he also predestined to be conformed to the image of His Son, that he might be the firstborn among many brothers and sisters."

He encouraged students to think about what their current image is and what they want their lifelong image to be.

## Upcoming Events

9	HCA Spelling Bee
15	MLK Day, No School
22	End of 2nd Quarter
30	HCA Geographic Bee
31	Early Release, 1:30 p.m.

## Hot Lunch Menu for Wednesday

- Chili
- Apples
- Carrots
- Cupcakes

## Hot Lunch Menu for Thursday

- Chicken & Rice
- Green Beans

- Bread & Butter
- Bananas
- Brownies

## Spelling Bee-THIS Tuesday

Please join us tomorrow at 9 a.m. in the chapel for the HCA Spelling Bee. Students from grades 4-8 will be participating.

## Dismissal Procedures

We would like to promote safety for our students and keep the pick-up line moving smoothly. **Therefore, parents who are entering the building to retrieve their children need to park alongside the building, not the upper parking lot.** Often times, children are sent out to the upper parking lot while parents are still inside, making it dangerous and difficult for Mr. Bradley to control the pick-up line. With the cold and ice approaching, we want to make every effort possible to avoid any accidents.

## Ways to Give Back to HCA

As we start the New Year, we just want to remind those families who may have not yet signed up on AmazonSmile or MORE School Rewards through Cash Wise to please do so (see below). You can select Hope Christian Academy as the recipient. Please note that the MORE School Rewards has Dickinson spelled incorrectly for HCA. If you search by "Hope" or by "zip code," it will appear. It will not show up if you search for "Dickinson."

Cash Wise (Coborn's Inc.) is committed to donating \$150,000 to local entities during the 2017-2018 school year. The points HCA earns will help grow our share of the \$150,000 total. It's like a pie - the size of our slice will depend on how many points we have received. **Currently our "slice" is at 0.3% with only 28 shoppers. Let's grow our pie size and our number of shoppers for HCA!**

- **AmazonSmile** Amazon donates a portion of your purchase automatically!  
<http://smile.amazon.com/ch/45-0372825>
- **MORE School Rewards (Cash Wise)** Sign up for the "MORE School Rewards" program at [moreRewards.com](http://moreRewards.com) or at Cash Wise. Designate HCA as your preferred school.
- **Our Family Labels for Learning (Family Fare)** Save the UPC codes from Our Family products.  
<http://ourfamilyfoods.com/labels-for-learning>
- **Direct Your Dollars (Family Fare)** Save your entire grocery receipt from Family Fare.
- **Box Tops for Education** Collect Box Top labels from participating products.

<http://www.boxtops4education.com/participating-products>

- **Loaves 4 Learning** Collect the UPC's from Country & Village Hearth breads.

### **Nutrition Nibble**

By Jo Marie Kadrmars, RD

The beginning of a new year brings challenges and new opportunities. If eating a meal as a family has been pushed to the wayside in the past, now is the time to make it a priority in your home. Family meals are critical for connection with your children. Sign up for the The Family Table challenge today! Check it out at the website [nds.uag/familytable](http://nds.uag/familytable).

Here is a quick, simple way to serve up nutrition fast! Try variations that your family will enjoy.

### ***Spanish Egg Bake***

10 eggs, beaten  
1 can chopped green chilies  
1 can Rotel tomatoes  
2/3 cup shredded Colby cheese  
2/3 cup shredded Monterey jack cheese  
1 can low fat evaporated milk  
1 tbsp flour \*\*optional in egg bake  
Salt and pepper to taste

1. Spray 9 x 13 pan with non-stick cooking spray, coat with a light dusting of flour to prevent sticking.
2. Mix ingredients above, except cheese. Pour into pan.
3. Sprinkle cheese evenly over egg mixture in pan.
4. Bake at 350 degrees for about 30 minutes or until eggs are done.
5. Serve with salsa and sides of fruit, toast, or meat of choice .

### **Prayers and Praises**

#### **Please Pray for:**

- The health of our students and staff. STILL lots of stomach bugs going around.
- Funds to reach our goal for the playground.
- The upcoming spelling bee.

#### **Praise God for:**

- His provision to HCA and His favor.
- Warm temperatures for our students to play outside.

- New beginnings in Christ each and every day.