



The Royals Hope Weekly

March 12, 2018

Chapel (K-5)

Mr. Bradley talked to the students today about having peace at all times and in every way. This is a very busy time of year, and we can easily lose our peace in Christ. God gives us peace in all situations. We just need to ask for it. The scripture he focused on today was 2 Thessalonians 3:16 which states, "Now may the Lord of peace Himself give you peace at all times in every way. The Lord be with you all."

Chapel (6-12)

Pastor Ron continued the conversation regarding the unity of God's people. He focused on Matthew 18 as he talked to the students about how to forgive and receive forgiveness in love. Jesus told His disciples that greatness is measured in humility (Matt. 18:4), and we must guard against causing someone to sin (Matt. 18:7). God is not willing to lose even one of His sheep (Matt. 18:14). Therefore, we are to have God's heart toward each other. When something divides us, we are to go to our brother or sister with a humble heart that seeks to salvage our relationship. In humility we ask for forgiveness, and in humility we offer forgiveness. Our brother and sister are not our enemy. Our enemy is the devil who seeks to disrupt our relationships with each other. Matthew 18:33 states, "And should not you have had mercy on your fellow servant, as I had mercy on you?"

Upcoming Events

12	HCA School Board Meeting
22	Bake Day
26	End of 3rd Quarter
29	Early Release @ 1:30 pm
30	Good Friday, No School

Hot Lunch Menu for Wednesday

- Super Potato Oles
- Applesauce
- Carrots
- Pickles
- Chocolate Chip Bars

Hot Lunch Menu for Thursday

- Chicken Strips
- Mashed Potatoes
- Green Beans
- Cherry Jello
- Cookies

NO EARLY RELEASE THIS WEDNESDAY

Due to the Snow Day last Tuesday, we will **NOT** be having early release this Wednesday, March 14. **We will be in school a full day this Wednesday and have an early release day at 1:30pm Thursday, March 29.**

Pre-Registration Reminder

Just a reminder that if you have not picked up your pre-registration form or returned it to the school office, please do so this week. Many of our elementary classes are close to full capacity; and as indicated in our school handbook, we would like to offer priority enrollment to current students.

Bake Day - Parent Letters DUE

Our final HCA Bake Day is coming up next Thursday, March 22. Parent letters were sent home last week with your student. These letters are due back to the HCA office by Friday, March 16. There are many opportunities to serve. Many hands make light work!

Pennies for Patients Campaign

We are teaming up with the Leukemia & Lymphoma Society in the student series campaign called Pennies for Patients. We sent individual collection boxes with students. **Students should be bringing their collections to their classroom boxes at the end of each week.** The campaign will run until March 26. At the end of the campaign, all monies collected will be submitted to the Midwestern chapter of Pennies for Patients. All proceeds go toward cancer research. For more information on Pennies for Patients, please visit www.studentseries.org.

Spring Banquet Classroom Baskets

The students are once again putting together baskets to be auctioned off at the Spring Banquet. Basket items are due Friday, April 6. Please remember to bring something in for your child's class. ALL items are appreciated, large or small.

These are the themes for this year:

Preschool: Animal Adventures

Stuffed animals, animal themed games, puzzles, t-shirts, movies, zoo passes...

Kindergarten: Build a Bigger World

Clay, playdoh, model kits, puzzles, Legos, blocks, Lincoln Logs, doll house kit, bird house kit, tool box with kids tools, tool belt, toy power tools, workbench, beach toys to build sandcastles, snow toys to build igloos, Knex, 3-D puzzles, and Playmobile are all ways to build bigger!

Grade 1: You Gotta Have Art

Paints, brushes, paper, easel, craft kits, apron, scissors, glue, stickers, crayons, storage for supplies, and certificates to craft stores are just a beginning for any budding artist.

Grade 2: Summer Fun

Everything you need for a fun time outdoors, whether at the pool or lake, camping, or hanging out in the backyard. May include beach towels, sand toys, sunblock, water bottles, bike helmets, coolers, canvas chairs, lawn games, water games, fire pit, supplies for campfires, grilling, or picnics.

Grade 3: Family Fun

Games; puzzles; pizza; movies; candy; popcorn; blankets; gift certificates for movies, bowling, or other adventures...

Grade 4: We Love Dirt

Spring is coming, and it will be time to play in the dirt. Basket items could include gardening gloves, small shovel/tools, decorative garden items, watering cans, certificate to "garden centers," seeds, wheelbarrow, kneeling pads, rake, and plants.

Grade 5: Snack Attack

This basket could include chips, nuts, popcorn, trail mix, mugs, bowls, bottled beverages, and more.

Grade 6: Pasta Basket

Mmmm, pasta! A basket of items to create your favorite pasta at home or to go to the nearest restaurant. May include a pasta bowl, colander, large pot, lasagna pan, serving utensils, apron, pot holders, recipes, or gift certificates to Italian restaurants. May also include non-perishable grocery items: boxes of pasta, tomato pasta sauce, alfredo sauce, olive oil, Parmesan cheese, and dried spices (garlic, red pepper flakes, Italian mix, oregano, basil).

Grades 7 -12: Gift Card Trees

Gift cards for anything you can imagine: gas, groceries, restaurants, department stores, online stores, movies, bowling, and much, much more!

You can ask your child, Mrs. Dazell, or the classroom teacher for additional information.

More Basket Ideas

The Spring Banquet committee wants each of our families to know that in addition to the classroom baskets, you are welcome to donate other types of baskets and/or items. Here are some great themes or ideas to consider:

<i>Minions</i>	<i>LEGOS</i>	<i>Technology</i>
<i>Puzzles</i>	<i>Handyman</i>	<i>Books</i>
<i>Golfing</i>	<i>Pet</i>	<i>Paw Patrol</i>
<i>Baking</i>	<i>Nerf</i>	<i>Air Soft</i>
<i>Sports</i>	<i>BBQ</i>	<i>Spa/Pamper</i>

Please let the school office or Mrs. Dazell know if you plan to donate any additional items by Monday, April 9.

Give Your Time or Talent

We are looking for donated items for the auction at this year's HCA Spring Banquet. Do you have a hidden talent you would be willing to share with our HCA family? Maybe you know someone else who does. We want to showcase that talent! You may also consider donating handcrafted items or certificates of your time for something you love to do.

Items may be brought to the school office or given to Debbie Dazell by Friday, April 6. All proceeds from our auction will benefit HCA.

Dance Camp Fundraiser

The junior high girls going on the HCA history/missions trip this spring are hosting a dance camp for students age 4-12 on Saturday, April 7. Ages 4-7 will have a session from 9-noon. Students age 8-12 will begin at 9 and end at 3 p.m. and should bring their own lunch. The price for the full-day session is \$25. The half-day session will be \$15. If there is more than one student from the same family, the second student is only \$5 more. If you have students interested in participating, you may email the school at hope@hcadickinson.org to register.

Ways to Give Back to HCA

Listed below are the many ways to continue giving back to HCA on a daily basis!

- **Amazonsmile** Amazon donates a portion of your purchase automatically!
<http://smile.amazon.com/ch/45-0372825>
- **MORE School Rewards (Cash Wise)** Sign up for the "MORE School Rewards" program at moreRewards.com or at Cash Wise. Designate HCA as your preferred school.
- **Our Family Labels for Learning (Family Fare)** Save the UPC codes from Our Family products.
<http://ourfamilyfoods.com/labels-for-learning>
- **Direct Your Dollars (Family Fare)** Save your entire grocery receipt from Family Fare.
- **Box Tops for Education** Collect Box Top labels from participating products.
<http://www.boxtops4education.com/participating-products>
- **Loaves 4 Learning** Collect the UPC's from Country & Village Hearth breads.

The Family Table

by Jo Marie Kadmas, RD

Research has shown that regular and meaningful family meals offer a large variety of benefits to both children and adults. A striking number of studies give



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specific and wide-ranging evidence that family meals are an important “protective factor” in the lives of children and teenagers. These specific benefits of family meals include a decreased risk of substance use or delinquency, heightened personal and social well-being, and better academic performance.

Sign up for The Family Table challenge today! To sign up and for more information about the benefits of family meals, check out the website ndsu.ag/familytable.

Harvest Stew

2 tbsp. olive oil
1 bay leaf
1 tsp. thyme
Pinch of allspice
1 pork loin, about 1 – 1 ½ lbs., trimmed
3 gala apples, cut into chunks
1 large onion, chopped
5 stalks celery, chopped
7 whole carrots, sliced into coins
3 cans chicken stock
1 cup apple cider

Cut pork into 2 inch cubes. Coat with flour and brown in olive oil. Remove meat from pan and set aside. Add apples, vegetables, and a little more olive oil (1 tbsp.) to pan with drippings. Sauté for about 10 minutes. Add ½ can of chicken stock, ½ cup apple cider, bay leaf, thyme, and allspice. Cook vegetables on medium heat until tender. Add meat and remaining liquids. Simmer for 10-20 minutes. To thicken, add cornstarch mixed with cold water until you reach desired thickness. Serve with fresh bread.

Prayers and Praises

Please Pray for:

- Health for staff and our students. There is a great deal of sickness going around.
- The Pennies for Patients campaign.
- Upcoming Bake Day fundraiser.

Praise God for:

- His provision to HCA and His favor.
- The warmer temperatures outside.
- The privilege to worship God in freedom.